

Summer course 'Rehabilitation of the hand' 08.07.2019 - 19.07.2019

Programme week 1 Monday 08-07-2019		
Time	Activity	Description
09:15	Reception	Heidelberglaan 7, Utrecht - room 2.058
09:30-11:30	General introduction	General Introduction on the Netherlands including health care system
11:30-12:00	Introduction to the course and personal introduction	Lecture on course content and criteria of assessment Ice-breakers, getting to know each other/ Angelique Hagen/ room 3.138
12:00-13:00	Lunch	
13:00-16:00	Seminar on anatomy	Body painting of flexor, extensor tendons/ Angelique Hagen / room 3.138
16:00-17:00	Self-study	Reading / skills / project

Tuesday 09-07-2019		
Time	Activity	Description
09:00-11:00	Interactive lecture	Reconstructive surgery of flexor and extensor tendon injuries – anatomy, surgery and cases/ Teun Teunis plastic surgeon / room 3.130
11.15-12:15	Seminar on anatomy	Anatomy and evaluation of the hand/ Katrien van der Velden /room 3.130
12:15-13:00	Lunch	
13.00-16.00	Seminar on rehabilitation after flexor and extensor tendon injuries	Anatomy and wound healing principles meet, in an interactive seminar. Case based learning / Katrien van der Velden/ room 3.130
16:00-17:00	Self-study	Reading

Wednesday 10-07-2019		
Time	Activity	Description
09:00-12:00	Interactive lecture – <i>That's the question!</i> And health care systems	MHOQ-DASH-PRWHE; what's the question? Angelique Hagen /room 3.138
12:00-13:00	Lunch	
13:00-16:00	Group assignments	Case based group assignment – room 3.138
16.30/17.00	Official Openings Ceremony USS	Utrecht City Centre – Janskerk

Thursday 11-07-2019		
Time	Activity	Description
09:00-12:00	Seminar	Interactive seminar on wrist anatomy and examination part one. Which tests would you use in this case? / Katrien van der Velden / room 3.138
12:00-13:00	Lunch	
13:00-16:00	Seminar	Interactive seminar on wrist anatomy and examination part two /Katrien van der Velden/ room 3.130
16:00-17:00	Self-study	Reading / skills / project

Friday 12-07-2019		
Time	Activity	Description
08:00-09:00	Traveling to location Nieuwegein	Koekoekslaan 1, 3435 CM - Patient examination / half of the group / Titia van Dijken
09:00-11:30	Visit to the St. Antonius Hospital	hand therapist – physiotherapist / poli 23
09:00-12:00	Self-study	Half of the group / reading and preparing for presentation / room 3.138
12:00-13:00	Lunch	
13:00-16:00	Workshop splinting	Students will get familiar with different materials and splint designs by making splints themselves. Which splint matches which patient? / Rozemarijn Moet hand therapist – occupational therapist / room 3.138

Programme week 2 Monday 15-07-2019

Time	Activity	Description
09:00-11:30	Seminar on rehabilitation after peripheral nerve injury	Interactive seminar. Anatomy of muscle innervation will be applied on patient cases, latest research on peripheral nerves will be reviewed / Ton Schreuders Hand therapist - physiotherapist / room 3.138
12:00-13:00	Lunch	
13:00-14:30 14:30-17:00	Self-study Seminar on hand and wrist fractures	Clinical reasoning Interactive lecture on hand and wrist fractures. Discussing video material of patients – think/pair/share on treatment goals – group discussion on treatment goals / Paul Zagt/ room 3.138

Tuesday 16-07-2019

Time	Activity	Description
08:00-09:00 9:00-11:30	Traveling to location Utrecht Visit to the St. Antonius Hospital	Soestwetering 1, 3543 AZ Utrecht / route 11 Patient examination / half of the group /Titia van Dijken Hand therapist – physiotherapist
09:00-12:00	Self-study	Half of the group / reading and preparing for presentation / room 3.138
12:00-13:00	Lunch	
13:00-15:00 15:00-16:00 16:00-17:00	Workshop by Cesar Kinetics Therapist Formative anatomy assessment Self-study	Exercise Therapy / Detti Steeman Cesar Kinetics Therapist / room 3.138 Naming structures on pictures / Katrien van der Velden / room 3.138 Reading

Wednesday 17-07-2019

Time	Activity	Description
09:00-12:00	Visit to dissecting room UMCU	Studying 3D anatomy on cadavers. Answering study questions / Angelique Hagen
12:00-13:00	Lunch	
13:00-17:00	Self-Study	Studying/ preparing for presentation / room 3.138

Thursday 18-07-2019

Time	Activity	Description
09:00-12:00	Case based learning	Bringing it all together / Katrien van der Velden / room 3.138
12:00-13:00	Lunch	
13:00-14:00 14:00-17:00	Theoretical exam Student presentations	Participants of the course / Katrien van der Velden / room 3.138

Friday 19-07-2019

Time	Activity	Description
10:00-11:00 11:00-12:00	Evaluation Certificates	Participants of the course / Angelique Hagen / room 3.138
12:30-13:30	Drinks and goodbyes	
	The End!!!	