

<b>COURSE DAY</b>	<b>Facilitator</b>
<b>Monday July 8</b>	
10.00-12.00	Marlou de Kuiper/
13.00-15.00	marlou de Kuiper
15.00-17.00	marlou de Kuiper
<b>Tuesday July 9</b>	
10.00-12.00	Roland van de Sande
12.30 - 15.00	roland van de Sande
15.30-17.00	Roderick van Hilten
<b>Wednesday July 10</b>	
10.00-12.00	Roland van de Sande
13.00-15.00	visit to Altrecht Roland van de Sande
15.00-17.00	visit to Altrecht Roland van de Sande
17.00-	Openingsceremonie Summer School, Janskerk, Janskerkhof
<b>Thursday July 11</b>	
10.00-12.00	marlou de Kuiper
13.00-15.00	marlou de Kuiper
15.30 - 17.00	Roderick van Hilten
<b>Friday July 12</b>	
10.00-12.00	Ferdy Pluck
13.00 - 15.00	Ferdy Pluck
15.30-17.00	Ferdy Pluck/gastdocent
<b>Monday July 15</b>	
10.00 - 12.00	visit to 113 marlou de kuiper
13.00 - 15.00	visit to 113
15.30 - 17.00	visit to 113
<b>Tuesday July 16</b>	
10.00-11.30	Roland van de Sande
12.00-13.30	roland van de Sande
13.30-15.00	Roland van de Sande
15.30-17.00	roderick van Hilten
<b>Wednesday July 17</b>	
10.00-12.00	Ferdy Pluck
13.30 - 15.00	Ferdy Pluck
15.30 - 17.00	Roderick van Hilten
<b>Thursday July 18</b>	
10.00-11.00	Marlou de Kuiper
11.15-12.15	marlou de Kuiper
	Marlou de Kuiper/Roland van de Sande/fer
<b>Friday July 13</b>	day off

#### **Lecturers summerschool**

Marlou de Kuiper, MSc

Roland van de Sande, PhD

Ferdy Pluck, MSc

Roderick van Hilten, MSc



**Contries students involved;**

the Netherlands  
Finland  
United States of America  
Turkey  
Romania  
Ruanda  
Denmark



## THEME

general introductions faculty of healthcare  
Introductions/Dutch healthcare system/ promotion of mental health and wellbeing  
preparation for presentations

Depression and suicide / prevalence/assessment and treatment  
international depression management comparisons  
mindfulness and depression

emergency psychiatry

interactive skills  
concepts of Hope and resilience  
mindfulness and depression

Emergency psychiatry  
Therapeutic engagement  
non-verbal and creative arts approach to recovery from depression

Adherence therapy / Post discharge care of suicide attempters  
Suicidal behavior and substance abuse  
Prevention and self management strategies in mental health promotion  
mindfulness and depression

Adherence therapy / Post discharge care of suicide attempters  
Therapeutic engagement  
mindfulness and depression

Leary's Rose  
cultural aspects of coping with stress/ Neuman Systems Model  
Presentations, certificates and Keys

University of Applied Science, Utrecht  
University of Applied Science, Utrecht/ Parnassia Psychiatric Institute  
University of Applied Sciences Utrecht/ GGZ centraal  
University of Applied Sciences Utrecht/ HRMBIZZ



literature and special remarks

Introduction collegezaal

Learning to know each other

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups dinner at Marlou's house

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Lecture and working groups

Student assessment

Ceremony