Programme FRESH 2025



| Monday | Tuesday | Wednesday | Thursday | Friday | Week 1 |
|--|--|--|--|---|--------------------------|
| July 7 | July 8 | July 9 | July 10 | July 11 | |
| Opening and introduction Summerschool | 3. Health Literacy | 5. Lifestyle, movement and Cardiovascular diseases | 7. Prototyping in healthcare | 9. Practical therapeutical applications of the knowledge regarding acute and chronic | Morning 9:00 a.m. |
| Teachers: Dr. Thijs van Houwelingen Henk Sonneveld, MSc | Teacher: Angelique Hagen, MSc | Teacher: Kaoutar Karramass | Teacher: Danielle Vossebeld – & Joris van Tubergen | pain Teacher: Han van Dijk, PhD Candidate 9:00 a.m. – 12:00 p.m. Location: HL7-2.070 | .m. – 12:00 p .m. |
| 9:00 a.m. – 10:30 a.m. Location: HL7-2.058 Together with Summer Courses Healthy Ageing and Forensic Mental Health | 9:00 a.m. – 12:00 p.m. Location: HL7-2.070 | 9:00 a.m. – 12:00 p.m. Location: HL7-2.070 | Note: Danielle Vossebeld will pick you up at the reception at the entrance Padualaan 99 at 08.55am | | |
| Introduction FRESH Dr. Thijs van Houwelingen Gilbert Koelewijn, PhD Candidate | | | 8:55 a.m. – 12:00 p.m. Location: Padualaan 99, room 0.145 | | |
| 11:00 a.m. – 12:00 p.m. Location: HL7-2.070 | | | | | |
| | | Lunchbreak 12:00 p.m 1 | l:00 p.m. | | 1 |
| 2. Workshop: What is health? Reflection on home assignment | 4. Healthcare professional and entrepreneurship | 6. Motivational Interviewing | 8. Shaping the future of healthcare | 10. Measuring stress, life style factors and movement | Afternoon 1:00 p.m. |
| Teachers: Dr. Thijs van Houwelingen | Teachers: Henk Sonneveld, MSc Mark Remmel, MEd | Teacher: Mark Remmel, MEd | Teachers: Thijs van Houwelingen, PhD, & Chantal Huisman, PhD Candidate | Teachers: Mayke Kummer, & Dr. Jaap Jansen 1:00 p.m. – 2:30 p.m. | oon 3.m. – 4:0 |
| 1:00 p.m. – 4:00 p.m. Location: HL7-2.070 | 1:00 p.m. – 4:00 p.m. Location: HL7-0.012 | 1:00 p.m. – 4:00 p.m. Location: HL7-0.023 | 1:00 p.m. – 4:00 p.m. Location: HL7-0.012 and CareTechLab | Location: <u>HL7</u> -2.070 2:30 p.m. – 3:30 p.m. Location: <u>Bolognalaan</u> 101, room 2.074 "Movement lab" | – 4:00 p.m. |
| | | 5:00 p.m. OPENING RECEPTION IN Universiteitsmuseum | | | |







Course Director: Dr. Thijs van Houwelingen

thijs.vanhouwelingen@hu.nl

More information about the Social Program, please visit https://www.utrechtsummerschool.nl/social_programme

Programme FRESH 2025



| Monday | Tuesday | Wednesday | Thursday | Friday | Week 2 |
|--|--|--|---|--|------------------------------------|
| July 14 | July 15 | July 16 | July 17 | July 18 | |
| 11. Case-based learning: Hypothesis Algorithm for Clinicians and personal growth as professional Case 1: health Case 2: lifestyle Case 3: pain Teachers: Dr. Thijs van Houwelingen Henk Sonneveld, MSc | 13. Data and Al for Decision Support in Healthcare Teachers: Sander van de Hoef, PhD, Matthijs Berkhout, PhD Candidate 9:00 a.m. – 12:00 p.m. Location: HL7-2.070 | 15. SITE VISIT University Medical Center Utrecht tour, Joris Jaspers & Barbara Botma 9:00 a.m. – 11:00 a.m. Location: Gather at 08:50am at the entrance HL7 (we walk together to the hospital) | 17. Working on assignment and presentation Teachers: dr. Thijs van Houwelingen, Henk Sonneveld, MSc 9:00 a.m. – 12:00 p.m. Location: HL7-2.070 | 19. Closing ceremony Note: starting time 10:00am Teachers: dr. Thijs van Houwelingen, Henk Sonneveld, MSc 10:00 a.m. – 12:00 p.m. Location: HL7-0.021 | Morning 9:00 a.m. – 12:00 p.m. |
| 9:00 a.m. – 12:00 p.m. Location: HL7-2.070 | | 11:00 a.m. – 12:00 p.m. OUTSIDE ACTIVITY | | | |
| | Lı | unchbreak 12:00 p.m. – 1:00 | p.m. | | |
| 12. HealthCare professional: working with cultural differences Teachers: Edwin Hagenbeek, MSc, dr. Marianne Jacobs, Judith Timmerman, MSc | 14. Game-based learning and clinical reasoning Teachers: Sjoukje Andriessen & Thijs van Houwelingen And visiting the HUB-lab (in HU Librabry) | 16. Working on assignment and reflection on main theme: FRESH 1:00 p.m. – 2:00 p.m. Reflection with Henk Sonneveld, MSc Location: HL7-2.070 | 18. Presentations of Case- based learning (see morning session, Monday 14 th) Teachers: dr. Thijs van Houwelingen, Henk Sonneveld, MSc | | Aftenroon 1:00 p.m. – 4:00 p.m. |
| 1:00 p.m. – 4:00 p.m. Location: HL15-3.058 (start here) & HL15-3.060 Together with Summer Course Healthy Ageing | 1:00 p.m. – 4:00 p.m. Note: Sjoukje Andriessen will pick you up at the reception at the entrance Padualaan 99 at 12.55pm | 2:00 p.m. – 4:00 p.m. Working on assignment Location: HL7-2.070 | 1:00 p.m. – 4:00 p.m. Location: HL7-2.070 5:00 p.m. DINER/PICNIC WILHELMINAPARK | | |

*HL = Heidelberglaan







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