Programme FRESH 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Week 1			
July 7	July 8	July 9	July 10	July 11				
Opening and introduction Summerschool	3. Health Literacy	5. Lifestyle, movement and Cardiovascular diseases	7. Prototyping in healthcare	9. Practical therapeutical applications of the knowledge regarding acute and chronic	Morning 9:00 a.m.			
Teachers: Dr. Thijs van Houwelingen Henk Sonneveld, MSc 9:00 a.m. – 10:30 a.m. Location: HL7-2.058 Together with Summer Courses Healthy Ageing and Forensic Mental Health Introduction FRESH Dr. Thijs van Houwelingen Gilbert Koelewijn, PhD Candidate	Teacher: Angelique Hagen, MSc 9:00 a.m. – 12:00 p.m. Location: HL7-2.070	Teacher: Kaoutar Karramass 9:00 a.m. – 12:00 p.m. Location: HL7-0.012	Teacher: Danielle Vossebeld – & Joris van Tubergen Note: Danielle Vossebeld will pick you up at the reception at the entrance Padualaan 99 at 08.55am 8:55 a.m. – 12:00 p.m. Location: Padualaan 99, room 0.145	pain Teacher: Han van Dijk, PhD Candidate 9:00 a.m. – 12:00 p.m. Location: HL7-2.070	າg .m. – 12:00 p.m .			
11:00 a.m. – 12:00 p.m. Location: HL7-2.070								
		Lunchbreak 12:00 p.m 1	1:00 p.m.		1			
2. Workshop: What is health? Reflection on home assignment Teachers: Dr. Thijs van Houwelingen	4. Healthcare professional and entrepreneurship Teachers: Henk Sonneveld, MSc Mark Remmel, MEd	6. Motivational Interviewing Teacher: Mark Remmel, MEd	8. Shaping the future of healthcare Teachers: Thijs van Houwelingen, PhD, & Chantal Huisman,	10. Measuring stress, life style factors and movement Teachers: Mayke Kummer, & Dr. Jaap Jansen	Afternoon 1:00 p.m. – 4			
1:00 p.m. – 4:00 p.m. Location: HL7-2.070	1:00 p.m. – 4:00 p.m. Location: HL7-0.012	1:00 p.m. – 4:00 p.m. Location: HL7-0.023	PhD Candidate 1:00 p.m. – 4:00 p.m. Location: HL7-0.012 and CareTechLab	1:00 p.m. – 2:30 p.m. Location: <u>HL7</u> -2.070 2:30 p.m. – 3:30 p.m. Location: <u>Bolognalaan</u> 101, room 2.074 "Movement lab"	4:00 p.m.			
		5:00 p.m. OPENING RECEPTION IN Universiteitsmuseum						







Course Director: Dr. Thijs van Houwelingen

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More information about the Social Program, please visit https://www.utrechtsummerschool.nl/social_programme

Programme FRESH 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Week 2
July 14	July 15	July 16	July 17	July 18	
11. Case-based learning: Hypothesis Algorithm for Clinicians and personal growth as professional Case 1: health Case 2: lifestyle Case 3: pain Teachers: Dr. Thijs van Houwelingen Henk Sonneveld, MSc 9:00 a.m. – 12:00 p.m. Location: HL7-2.070	13. Data and AI for Decision Support in Healthcare Teachers: Sander van de Hoef, PhD, Matthijs Berkhout, PhD Candidate 9:00 a.m. – 12:00 p.m. Location: HL7-2.070	15. SITE VISIT University Medical Center Utrecht tour, Joris Jaspers & Barbara Botma 9:00 a.m. – 11:00 a.m. Location: Gather at 08:50am at the entrance HL7 (we walk together to the hospital) 11:00 a.m. – 12:00 p.m.	17. Working on assignment and presentation Teachers: dr. Thijs van Houwelingen, Henk Sonneveld, MSc 9:00 a.m. – 12:00 p.m. Location: HL7-2.070	19. Closing ceremony Note: starting time 10:00am Teachers: dr. Thijs van Houwelingen, Henk Sonneveld, MSc 10:00 a.m. – 12:00 p.m. Location: HL7-2.070	Morning 9:00 a.m. – 12:00 p.m.
Location. HL7-2.070	1.	OUTSIDE ACTIVITY unchbreak 12:00 p.m 1:00	n m		
12. HealthCare	14. Game-based learning	16. Working on	18. Presentations of Case-		1
professional: working with cultural differences	and clinical reasoning	assignment and reflection on main theme: FRESH	based learning (see morning session, Monday 14 th)		Aftenroon 1:00 p.m.
Teachers: Edwin Hagenbeek, MSc, dr. Marianne Jacobs, Judith Timmerman, MSc, Monirha Shams, MSc	Teachers: Sjoukje Andriessen & Martijn Koops, PhD And visiting the <u>HUB-lab</u>	1:00 p.m. – 2:00 p.m. Reflection with Henk Sonneveld, MSc Location: HL7-2.070	Teachers: dr. Thijs van Houwelingen, Henk Sonneveld, MSc		n 1. – 4:00 p.m.
1:00 p.m. – 4:00 p.m. Location: HL15-4.018 (start here) & HL15-3.058 Together with Summer Course Healthy Ageing	1:00 p.m. – 4:00 p.m. Location: Padualaan 99 entrance	2:00 p.m. – 4:00 p.m. Working on assignment Location: HL7-2.070	1:00 p.m. – 4:00 p.m. Location: HL7-2.070 5:00 p.m. DINER/PICNIC WILHELMINAPARK		

*HL = Heidelberglaan







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