**A Multidisciplinary Approach to Nature-based Solutions in Deltas**

**Day 1: NBS and Global Challenges**  
**Location:** Utrecht University (UU)  
The programme opens with registration and a welcome session. Lectures will address the governance and legal dimensions of Nature-Based Solutions (NBS), followed by a social programme, including an ecological restoration walk in the city of Utrecht.

**Day 2: Peatland Resilience**  
**Location:** Peatland Innovation Center  
Participants will travel to the Peatland Innovation Center for an introduction and guided tour. Sessions will focus on land subsidence and peatland conservation. The day includes field visits to NBS sites, followed by an evening transfer to Zeeland by arranged bus.

**Day 3: NBS in Urban Development**  
**Location:** Vlissingen – Dockwize & Westerzicht  
In collaboration with the Municipality of Vlissingen, this day features lectures and workshops on integrating green infrastructure into urban planning. Participants will explore case studies on urban heat stress and mitigation. The programme includes a guided walk through the Westerzicht neighborhood and concludes with presentations by local stakeholders.

**Day 4: Flood Risk and Coastal Management**  
**Location:** Scheldestromen Water Board & Oosterschelde  
Hosted by the Water Board Scheldestromen, the day begins with lectures on the role of NBS in coastal and flood risk management. After lunch, participants will visit foreshore restoration sites near the Oesterdam and learn about future-proofing forelands. A visit to the Watersnoodmuseum may follow.

**Day 5: NBS Hackathon**  
**Location:** DCC Tower, Utrecht (TBC)  
The programme concludes with a collaborative hackathon, where participants apply the knowledge gained throughout the week to develop innovative Nature-Based Solutions for real-world challenges. The session is guided by facilitators from Utrecht University and the Delta Climate Center.

**Coffee, lunch, and bus transport between locations will be provided each day.**