

Globalization, polarisation, and a range of issues that affect people and nature around the globe, make a strong sense of global citizenship more important than ever before. We are living an age in which technology has profoundly influenced the ways we think, feel, act, communicate and collaborate; this raises all kind of questions, reveals needs and requires skills for understanding ourselves and others in this constantly changing world.

The so-called 21st Century Skills are considered the most important skills to succeed in today's and tomorrow's workplace, since they can be universally applied to enhance ways of thinking, learning, working and living in the world.

You should think of this course as a five-days voyage towards mastering these 21st century skills for global citizenship.

In this highly interactive course, discovering, experiencing, and sharing are the key activities.

THE PROGRAM, DAY BY DAY

On day 1 and 2, Communication is the main topic. You will be introduced to the Four-Mode Perspective: this universal principle entails that every challenge can be met, and that every message can be brought in four different ways.

Together we will explore each of the four modes: their benefits and qualities you can develop when you are in the specific modes, how to motivate people in four ways, how to provide feedback and how to build bridges and avoid annoyances.

The Four Mode Perspective becomes even more interesting if looked at from a global perspective: you will discover that the four modes are the same everywhere in the world, but their appearances differ from one culture to another. After submerging yourselves in the Four Mode Perspective for two days, you will be surprised and exited how it will give an enormous boost not only to your communication skills, but also to broader thinking and better understanding others.

Day 3 is about *Collaboration in socio-cultural diversity*. Two skills mixed into one day of discoveries about the fun and the challenges of collaboration effectively and pleasantly. Exercises, dialogues, challenges and quizzes will test your abilities and strengthen them on the go!

Day 4 is all about looking inward: *self-regulation*, *critical thinking* and *media literacy* are the three courses on the menu. You will investigate the power of your automatic pilot and use of

summerschool UTRECHT

overriding it more regularly. You will discover new and highly powerful ways of looking at your ego and your opinions and learn to be bothered less by both of them. And you will enjoy sensations you can only experience when everything is offline.

Day 5 is moving day: you will work on *problem-solving skills, creativity and entrepreneurship*, skills that will help you deal with challenges and obstacles in life. An important role in this day's program is played by the *Diversity Matrix*: an instrument offering you 120 strategies (and an endless variety of combinations between them) to solve problems and develop out-of-the-box solutions.

At the end of this final day, you will receive the 21st-Century Skilled Global Citizen Certificate during a festive graduation ceremony.