

Healthy Aging 04.07.2022 - 15.07.2022

Course Director: Marianne Jacobs, PhD and Marjolein van Wijk, MSc, RN

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Saturday, 2 nd of July		
Time	Activity	Description
12:00-18:00	Key pick up	You will find the exact key pick up location in the pre-departure information, which becomes available after you have paid the course fee.

Sunday, 3 rd of July		
Time	Activity	Description
12:00-18:00	Key pick up	You will find the exact key pick up location in the pre-departure information, which becomes available after you have paid the course fee.

Monday, 4 th of July		
Time	Activity	Description
10:00-11:00	Module 1a: Opening summer school Address: TBA Room: TBA	Opening summer school. Pick up course map etc.
11:00 – 12:00	Module 1b: lecture, workshop Address: TBA Room: TBA	Introduction to the Dutch health care system
12:00-13:00	Lunch	
13:00-14:30	Module 1d: Workshop Address: TBA Room: TBA	Practical information Meet & Greet (Marianne Jacobs, PhD)
14:30 – 15:30	Module 1c: Lecture, workshop Address: TBA Room: TBA	Proactive health care in the primary care setting. Professor Nienke Bleijenberg, proactive elderly care,
15.30-18.00	Self-study	Working on presentation home assignment (life review with an elderly person 75+)

Tuesday, 5 th of July		
Time	Activity	Description
09:00-12:00	Module 2: Presentations and discussion Address: TBA Room: TBA	Presentations home assignment: conduct a life review with an elderly person (75+). (Marianne Jacobs, PhD. and Marjolein van Wijk, MSc. RN.)
12:00-13:00	Lunch	
13:00-14:30	Module 3: Lecture, workshop Address: TBA Room: TBA	Prevention of decline in hospitals (Dr. Roelof Ettema)

Wednesday, 6 th of July		
Time	Activity	Description

09:00-12:00	Module 4a: Seminar, group assignment Address: TBA Room: TBA	Palliative care, End of Life, Advocacy and Leadership (Riet Ruben MA, RN, Alice Rolink, MSc, RN)
12:00-13:00	Lunch	
13:00-14:30	Module 4b: lecture, workshop Address: TBA Room: TBA	Palliative sedation (Robbert Jan de Jonge, MA, RN)

Thursday, 7 th of July		
Time	Activity	Description
10:00-12:00	Module 5: Lecture, workshop Address: TBA Room: TBA	Biological aging in perspective (Bart Cuppen, PhD)
12:00-13:00	Lunch	
13:00-16:00	Module 6: Lecture, workshop Address: TBA Room: TBA	Technology: aging in place? (Thijs van Houwelingen, PhD, RN, Yvonne van Koppershoek PhD, RN.)
16:00 – 17:30	Module 7: Lecture, workshop Address: TBA Room: TBA	New technology for learning about older people (part 1) (Vera Habes, MSc, RN)

Friday, 8 th of July		
Time	Activity	Description
8:50 – 12:00	Module 8: Site visit (please note that a small amount of travel costs must be paid by each student).	Health care innovation center Nursing home with people with dementia Zorgpartners Midden Holland, location Prinsenhof (Jos van den Berg, Marjolein van Wijk)
12:00-13:00	Lunch	
13:00-15:00	Module 9: workshop – experience Address: TBA Room: TBA	Being 85, Feeling old? (Monique de Voigt, MD)

Week 2

Saturday, 9 th of July		
Time	Activity	Description
Free time		

Sunday, 10 th of July		
Time	Activity	Description
Free time		

Monday, 11 th of July		
Time	Activity	Description
9:00 – 12:30	Self-study	Working on final assignment and made a first hand on the reflection report. (Turning in your assignments by e-mail on Wednesday 13th July 13:00 Marianne.jacobs@hu.nl and marjolein.vanwijk@hu.nl) Homework for module 13: making a serious game.
12:30-13:00	Lunch	
13:00-16:00	Module 10: Workshop Room: TBA	Intercultural care for older people: the way to agetopia (Edwin Hagebeek, MSc)

Tuesday, 12 th of July		
Time	Activity	Description
09:00-12:30	Self study	Working on final assignment and made a first hand on the reflection report. (Turning in your assignments by e-mail on Wednesday 15th July 13:00 Marianne.jacobs@hu.nl and marjolein.vanwijk@hu.nl)
12:30-13:00	Lunch	
13:20-16:00	Module 11: Site visit	Senior friendly hospital Diakonessenhuis, Zeist (Marjolein van Wijk, MSc., Marianne Jacobs PhD)

16.00-18.00	Self study	Working on final assignment and made a first hand on the reflection report.
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Wednesday, 13th of July

Time	Activity	Description
10:00-12:00	Module 12: lecture, workshop Address: TBA Room: TBA	Interprofessional collaboration for community-dwelling older people in primary care setting. Linda Smit, PhD, RN, Marjolein van Wijk MSc., RN.
12:00-13:00	Lunch	Turning in your assignments by e-mail @ 13:00 marianne.jacobs@hu.nl and marjolein.vanwijk@hu.nl
13:00-16:00	Module 13: lecture, workshop Address: TBA Room: TBA	The importance of oral care in old age.

Thursday, 14th of July

Time	Activity	Description
09:00-12:00	Module 13: Lecture, workshop Address: TBA Room: TBA	New technology for learning about older people (part 2) (Vera Habes, MSc, RN)
12:00 – 14:00	Module 14: Meet and greet	Lunch with a Golden Oldie Bert Gulickx. Bring your own: make/bring some typical local food/dish/drink to this lunch of your own country.

Friday, 16th of July

Time	Activity	Description
08:30-9:00	Check out	
9:30-11:00	Film presentations	New technology for learning about older people Film Presentations
11:00 – 12:00	Module 16: Evaluation and closing course Address: TBA Room: TBA	Course evaluation and certificate ceremony
12:00	Closing summer school	Closing summer school