

COURSE DAY	Facilitator	THEME	
Monday July 4			
13.00 - 14.00	Marlou de Kuiper/Ferdy Pluck	General introductions faculty of healthcare	Introduction
14.15 - 15.15	Marlou de Kuiper	Introductions/Dutch healthcare system/	Learning to know each other
15.30 - 16.30	Marlou de Kuiper	Preparation for presentations	interactive educational methods
Tuesday July 5			
13.00 - 14.00	Carina Stigter	Depression and suicide / prevalence/assessment and treatment	interactive educational methods
14.15 - 15.15	Carina Stigter	Epidemiology of the Utrecht mental health crisis service	interactive educational methods
15.30 - 16.30	Roderick van Hilten	Mindfulness and depression	interactive educational methods
Wednesday July 6			
13.00 - 14.00	Carina Stigter	Emergency psychiatry	interactive educational methods
14.15 - 15.15	Carina Stigter	Prevention and self management strategies in mental health promotion	interactive educational methods
15.30 - 16.30	Carina Stigter	International depression management comparisons	interactive educational methods
Thursday July 7			
13.00 - 14.00	marlou de Kuiper	Interactive skills	interactive educational methods
14.15 - 15.15	marlou de Kuiper	Concepts of Hope and resilience	interactive educational methods
15.30 - 16.30	Roderick van Hilten	Mindfulness and depression	interactive educational methods
Friday July 8			
13.00 - 14.00	Ferdy Pluck	Neuman Systems Model	interactive educational methods
14.15 - 15.15	Ferdy Pluck	Therapeutic engagement	interactive educational methods
15.30 - 16.30	The impact of migration on mental health	interactive educational methods
Monday July 11			
13.00 - 14.00	Online training Zero Suicide Alliance		interactive educational methods
14.15 - 16.45	Workshop 113 online		interactive educational methods
Tuesday July 12			
13.00 - 14.00	Carina Stigter	Adherence therapy / Post discharge care of suicide attempters	interactive educational methods
14.15 - 15.15	Carina Stigter	Suicidal behavior and substance abuse	interactive educational methods
15.30 - 16.30	Roderick van Hilten	Mindfulness and depression	interactive educational methods
Wednesday July 13			
13.00 - 14.00	Ferdy Pluck	Zero suicide program	interactive educational methods
14.15 - 15.15	Ferdy Pluck	Promotion of mental health and wellbeing	interactive educational methods
15.30 - 16.30	Roderick van Hilten	Mindfulness and depression	interactive educational methods
Thursday July 14			
13.00 - 14.00	Marlou de Kuiper	Negotiating skills	interactive educational methods
14.15 - 15.15	Marlou de Kuiper	Cultural aspects of coping with stress	interactive educational methods
15.30 - 16.30	Marlou de Kuiper/Carina Stigter/Ferdy Pluc	Presentations and certificates	Ceremony
Friday July 15			
day off			

Lecturers summerschool

Marlou de Kuiper, MSc	University of Applied Science, Utrecht
Ferdy Pluck, MSc	University of Applied Sciences Utrecht/ Amethyst addiction care
Roderick van Hilten, MSc	University of Applied Sciences Utrecht
Carina Stigter	University of Applied Science, Utrecht/ Department of Emergency Psychiatry, Altrecht, Utrecht

Contries students involved;

