

| COURSE DAY | Facilitator | THEME | |
|--------------------------|--|--|---------------------------------|
| Monday July 5 | | | |
| 13.00 - 14.00 | Marlou de Kuiper/Ferdy Pluck | General introductions faculty of healthcare | Introduction |
| 14.15 - 15.15 | Marlou de Kuiper | Introductions/Dutch healthcare system/ | Learning to know each other |
| 15.30 - 16.30 | Marlou de Kuiper | Preparation for presentations | interactive educational methods |
| Tuesday July 6 | | | |
| 13.00 - 14.00 | Roland van de Sande | Depression and suicide / prevalence/assessment and treatment | interactive educational methods |
| 14.15 - 15.15 | Carina Stigter | Epidemiology of the Utrecht mental health crisis service | interactive educational methods |
| 15.30 - 16.30 | Roderick van Hilten | Mindfulness and depression | interactive educational methods |
| Wednesday July 7 | | | |
| 13.00 - 14.00 | Roland van de Sande | Emergency psychiatry | interactive educational methods |
| 14.15 - 15.15 | Roland van de Sande | Prevention and self management strategies in mental health promotion | interactive educational methods |
| 15.30 - 16.30 | Roland van de Sande | International depression management comparisons | interactive educational methods |
| Thursday July 8 | | | |
| 13.00 - 14.00 | marlou de Kuiper | Interactive skills | interactive educational methods |
| 14.15 - 15.15 | marlou de Kuiper | Concepts of Hope and resilience | interactive educational methods |
| 15.30 - 16.30 | Roderick van Hilten | Mindfulness and depression | interactive educational methods |
| Friday July 9 | | | |
| 13.00 - 14.00 | Ferdy Pluck | Neuman Systems Model | interactive educational methods |
| 14.15 - 15.15 | Ferdy Pluck | Therapeutic engagement | interactive educational methods |
| 15.30 - 16.30 | Ferdy Pluck | Guest speaker mental health | interactive educational methods |
| Monday July 12 | | | |
| 13.00 - 14.00 | Presentations 113 online | | interactive educational methods |
| 14.15 - 15.15 | Presentations 113 online | | interactive educational methods |
| 15.30 - 16.30 | Presentations 113 online | | interactive educational methods |
| Tuesday July 13 | | | |
| 13.00 - 14.00 | Roland van de Sande | Adherence therapy / Post discharge care of suicide attempters | interactive educational methods |
| 14.15 - 15.15 | Roland van de Sande | Suicidal behavior and substance abuse | interactive educational methods |
| 15.30 - 16.30 | Roderick van Hilten | Mindfulness and depression | interactive educational methods |
| Wednesday July 14 | | | |
| 13.00 - 14.00 | Ferdy Pluck | Zero suicide program | interactive educational methods |
| 14.15 - 15.15 | Ferdy Pluck | Promotion of mental health and wellbeing | interactive educational methods |
| 15.30 - 16.30 | Roderick van Hilten | Mindfulness and depression | interactive educational methods |
| Thursday July 15 | | | |
| 13.00 - 14.00 | Marlou de Kuiper | Negotiating skills | interactive educational methods |
| 14.15 - 15.15 | Marlou de Kuiper | Cultural aspects of coping with stress | Student assessment |
| 15.30 - 16.30 | Marlou de Kuiper/Roland van de Sande/ferdy pluck | Presentations and certificates | Ceremony |
| Friday July 16 | | | |
| day off | | | |

Lecturers summerschool

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|--------------------------|---|
| Marlou de Kuiper, MSc | University of Applied Science, Utrecht |
| Roland van de Sande, PhD | University of Applied Science, Utrecht/ Parnassia Psychiatric Institute |
| Ferdy Pluck, MSc | University of Applied Sciences Utrecht/ Amethyst addiction care |
| Roderick van Hilten, MSc | University of Applied Sciences Utrecht |
| Carina Stigter | University of Applied Science, Utrecht/ Department of Emergency Psychiatry, Altrecht, Utrecht |

Contries students involved;

the Netherlands
Pakistan
United Kingdom
Spain
Belarus
France
China
Nigeria